

PARTICIPATE IN SAFE + SOUND WEEK



Safe + Sound Week is a nationwide event to recognize the adoption of programs to improve workplace safety and health. Implementing a safety and health program can improve businesses' safety and health performance, save money, and improve competitiveness.

Each August, we invite you to join us to get a program started or energize an existing program! We know that successful safety and health programs can proactively identify and manage workplace hazards before they cause injury or illness, while improving business sustainability. We look forward to learning how your innovative efforts to be **#SafeAndSoundAtWork** have improved your workplace!

Register your **Safe + Sound Week** events so that we can highlight these efforts. For more information, please visit www.osha.gov/safeandsound.



Developing your safety and health program?

Access important resources at www.osha.gov/safeandsound.

Here you can learn why safety and health programs are important for your workplace as well as how to incorporate worker participation, management leadership, and effective strategies for finding and fixing hazards.

Suggested Safe + Sound Week Activities

There are lots of ways to participate in Safe + Sound Week. Choose what is right for you! Activities should directly relate to safety and health, be specific to your workplace, and engage your workers. Be creative and plan activities that adapt to how your workplace is currently operating.

- Complete the **"Take 3 in 30"** challenge for management leadership.
- Take the **"Check on Safety"** for finding and fixing workplace hazards.
- Complete **these worksheets** to move your safety and health program forward.
- Host a **trivia session** on how well workers know safety and health practices.
- Take a **Safety and Health Pledge** for Managers.
- Ask workers to share how COVID-19 changed how they think about safety in the workplace and home.
- Create a board for workers to display suggestions to help find and fix workplace hazards.
- Offer a training on safety and health in your workplace.
- Recognize a safety milestone and worker contributions.
- Host a virtual "lunch and learn" on an element of your safety and health program.
- Hold a refresher training on proper use of safety equipment.
- Have workers sign a banner to commemorate a new safety and health goal.
- Offer opportunities for workers to share "what safety means to me" in the workplace.
- Offer "on the spot" recognition of worker participation.
- Share how your workplace is recognizing safety successes to help inspire others to take action.